

### **Connecticut Construction Industries Association**



The CCIA Safety Committee Presents:

### A SAFETY ROUNDTABLE DISCUSSION



## **Stretch and Flex Programs**

# Featuring: Dennis Mullen, Gilbane Building Co.

For our next Safety Roundtable, Dennis Mullen, Regional Safety Manager, Gilbane Building Co. will discuss the value of implementing a Stretch and Flex Program in a corporate setting and on a construction work site. He will talk about soft tissue injuries, what causes them, how a Stretch and Flex program can help relieve and prevent them, as well as create a safer workplace and a more profitable business.

The Safety Committee will meet immediately after the Roundtable.

# 12:00 noon, Tuesday, April 14, 2015 CCIA, 912 Silas Deane Highway, Wethersfield Lunch will be provided

Space is limited so pre-registration is required. Please register by Monday, April 13, 2015.

Name	Company Name	
Phone	Fax	
E-Mail		
Additional attendee names:		

Please fax or e-mail your registration or call John Wilhelm at 860-529-6855.

FAX TO: 860-563-0616 - E-Mail to: jwilhelm@ctconstruction.org