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## March 6th, 2024 DoubleTree by Hilton, Bristol, CT Welcome Dinner March 5th

Total Worker Health® Seminar

Health, safety, wellbeing, mental health, substance misuse, stress – the list goes on. With so many aspects of "health," how and where can companies start to tackle them all to take care of workers beyond compliance? Total Worker Health® (TWH) is a holistic approach to worker wellbeing created by the National Institute for Occupational Safety and Health (NIOSH) that is, very importantly, approachable for companies.

## **Speakers**:

Dr. Jenn Cavallari Associate Professor, UConn Health Dr. L. Casey Chosewood Director, Office for Total Worker Health, NIOSH Dr. Ann Marie Dale **Professor of Medicine and Occupational** Therapy, Washington University in St. Louis Joshua Ierna Safety Manager, Tilcon Connecticut **Chris May** SVP, Safety, Health and Environment, CRH **Dr. Carol Nixon Research Health Scientist, NIOSH Chris Williamson** Assistant Secretary, MSHA Jeff Erskine Deputy, RA -OSHA, Region 1

**Total Worker Health ®** What is it? Why is it Valuable? What topics does it cover? What could a program look like? What are the first steps?

## **Registration Required:**

Ctconstruction.org/TWH No Cost to Attend Breakfast and Lunch Provided

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