

First Aid + CPR AED Training

PRESENTED BY THE CCIA SAFETY COMMITTEE



FRIDAYS
7:15 AM -11:30 AM
CCIA TRAINING ROOM

JANUARY 30
FEBRUARY 27
MARCH 27
APRIL 24

GET CERTIFIED IN CPR AND FIRST AID

About the HSI First Aid/CPR AED Course



This four-hour Health & Safety Institute course has been approved by the HSI Medical Advisory Board and reviewed by the HSI Advisory Council. It reflects the latest resuscitation science and treatment recommendations published by the International Liaison Committee on Resuscitation (ILCOR). It also conforms with the 2020 American Heart Association (AHA) Guidelines Update for CPR and ECC and the annual Guidelines Update. Certification period: 2 years from month of issue.

First Aid + CPR AED Training

Presented by:

Jason Race, ProActive Safety

Jason will cover:

- Sudden Cardiac Arrest (SCA)
- CPR and Defibrillation
- Chain of Survival
- Assessment & Chest Compressions
- Using an AED
- Relief of Choking
- First Aid Assessment
- Taking Precautions

... and more

In-Person Training at:

CCIA Training Room
912 Silas Deane Hwy., Suite 112
Wethersfield, CT

7:15 AM Registration
7:30 AM Course Starts
11:30 AM Course Ends

Cost:

\$125 CCIA Members
\$150 Nonmembers

Course Dates:

- Friday, January 30, 2026
- Friday, February 27, 2026
- Friday, March 27, 2026
- Friday, April 24, 2026



Register online: www.ctconstruction.org/first-aid

Questions? Contact: Erin Guild

eguild@ctconstruction.org or 860-529-6855